CURRICULUM VITAE LYDIA GOH

Professional Profile

Lydia is the Managing Director of Excelsa Consulting providing management consultancy and leadership/executive coaching services. She was the former Partner with the Human Resource Consulting practice of PricewaterhouseCoopers, Singapore. She brings with her over 30 years of management consulting experience and her assignments include change management, transforming organisations, managing strategic alignment, sustaining change in organisation, organisation culture building, human resource due diligence in mergers and acquisitions, organisational development, talent management and development, work-life strategies, executive search ,outplacement services , intercultural competency and agility



Her 30 years of corporate leadership experience in broad areas of management and human resource consulting equips her to clearly understand and anticipate challenges executives face. Her clients include multi-national clients, hotels and resorts, wealth management banks, large public hospitals and health-care services, high technology companies, fast moving consumer products, chemicals and real estate and construction.

Lydia was also a former top executive search consultant engaged in recruiting and selecting C-Suite Executives such as Presidents, CEOs and Senior Managers for large private and public listed companies and multi-national corporations

Lydia was engaged in numerous outplacement services for clients in transition, assisting CEOs and Senior Managers in their job search strategies and coaching them to move forward to new challenges. She provides transition coaching for navigating through culture change due to mergers and acquisitions.

As a Leadership/Executive Coach, she brings with her over 20 years of coaching experience to C-Suite Leaders and high potentials talent to sharpen and leverage their strengths to transcend their limitations, and to develop new thinking and behaviours to maximise performance and bring greater value to the organisation.

She has worked with global multinational organisations and ministries and organisations in the public sector on consulting and coaching.

Global organisations and local conglomerate

UBS, Barclays, BNP Paribas, Deutsche Bank, Citibank Airbus, ExxonMobil, GlaxoSmithKline, Roche, Bayer, Christian Dior, Cartier, L'oreal Group, LVMH, Mars, Phillip Morris, Hewlett Packard, United Overseas Land Group, Pan Pacific Hotels & Resorts, Honda, Gleneagles Hospital, Mount Elizabeth Hospital, Parkroyal Hotels & Resorts, X-Press Container Line Sea Consortium, DNIV International, The Body Shop International, Hoffmann La Roche, Genetech, Mondelez, Decathlon, TOTAL, ST Microelectronics, Richmont, ABB, SWIFT, Givaudan, Dyson, SAP. Lombard Odier, BMW

Public Sector-Government

Ministry of Foreign Affairs, Ministry of Home Affairs, Ministry of Communications & Information, Enterprise Singapore, Singapore National Healthcare Group, Intellectual Property Office of Singapore, National University Hospital, Tan Tock Seng Hospital, Changi Hospital, Nanyang Girls' High School, Cedar Girls' Secondary School, Nursing Foundation. Housing Development Board

Education

- MBA University of Leicester, UK
- Professional Certified Coach (PCC), International Coach Federation ICF
- Fellow Certified Management Consultant (FCMC)
- Accredited Diploma in Coaching Supervision by CSA
- Certified Coach for Stakeholder Centered Coaching by Marshall Goldsmith
- Emotional Intelligence Bar On EQi 2 & 360-degree Leadership
- Transformational Leadership
- Emotional and Behaviour at work (EBW)
- Accredited Enneagram by Integrative Enneagram

Affiliations & Achievements

- Asia Pacific Hub Chair of the International Council of Management Consulting Institutes (ICMCI) for 17 countries
- President of the Singapore Productivity Association
- Chairman of the Singapore Productivity Centre
- Member of Governance and Nominations Committee for the International Council of Management Consulting Institutes (ICMCI)
- President of the Institute of Management Consultants Singapore (2016-2021)
- Chair of Nomination Committee of the Asia Pacific Alliance of Coaches (APAC)
- Past President of the Asia Pacific Alliance of Coaches (APAC)
- Chair of the School Advisory Committee of Evergreen Secondary School
- Past President of the Singapore Business & Professional Women's Association
- Past President of The Rotary Club of Suntec City Singapore
- Member of the Singapore Institute of Directors
- Awarded in 2012 for "Outstanding Contribution to HR 2012" by HRM Asia
- "Service to Education Award" by Ministry of Education Singapore, 2016 & 2021

Contact Details

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